

Caswell County

2019 Autumn/Winter Edition
October 03 November 03 December

Caswell Connection

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Newsletter
Editor:
Paula P. Seamster

4-H Youth Attends NCACC Youth Summit

By: Brandi Boaz

A 4-H'er from Caswell attended the tenth annual North Carolina Association of County Commissioners (NCACC) Youth Summit, which was held in Greensboro, North Carolina August 23-24, 2019. North Carolina 4-H and the North Carolina Cooperative Extension Service partnered for the tenth year with the NCACC on a multi-year initiative to increase youth involvement in county government. This initiative helps youth learn more about county government as well as how to become more involved in local decision making.

Bliss Pointer daughter of John and Shannon Pointer represented Caswell County 4-H. Pointer had a wonderful time and said "it was an amazing experience". She was also excited to have met four of our Caswell County Commissioners, David Owen, Nate Hall, Sterling Carter & Steve Oestreicher. 77 youth and adults from 66 counties were represented during this event. The event is sponsored and supported by the North Carolina Association of County Commissioners.

For more information on our 4-H Teen Leadership program in Caswell County, please contact Brandi Boaz, Caswell County 4-H at brandi_boaz@ncsu.edu or 336-694-4158.



4-H Youth Attends NCACC Youth Summit

(Continued)



Wellness Events

October 1st – 4-H Workshop – Brandi Boaz will put on a workshop on what 4-H does in the County. This workshop will be held in the Kitchen of the Cooperative Extension Building at 10:00 a.m. and 1:00 p.m. This workshop will last 1 hour.

October 15th – Suicide Prevention Training: Question, Persuade, Refer – Meredith Peffley with Cardinal Innovations will put on a workshop on Suicide Prevention Training. This workshop will be held at the 911 Center at 10:00 a.m. and 2:30 p.m. The workshop will last 1 ½ hours. Anyone can save a life. Question, Persuade, Refer (QPR) is an emergency response to someone in crisis. It teaches participants how to ask the right questions about suicide, how to persuade a person to get help and how to refer an individual to the right resource.

October 17th – Budgeting Presentation – Magan Seamster with the State Employees' Credit Union will put on a Budgeting workshop. This workshop will be held at the 911 Center at 10:00 a.m. and 2:00 p.m. The workshop will last 1 hour.

October 22nd – Opioid 101 – Jennifer Munch with Cardinal Innovations will put on a workshop on Opioid 101. This workshop will be held at the 911 Center at 10:00 a.m. and 1:00 p.m. The workshop will last 1 ½ hours. Participants will learn about the nature of addiction and develop a better understanding of the opioid crisis. Training will focus on prevention, intervention, treatment and recovery, reducing the stigma and community resources.

October 30th – Psychosis Simulation – Meredith Peffley with Cardinal Innovations will put on a workshop on Psychosis Simulation. This workshop will be held at the 911 Center at 10:00 a.m. and 1:00 p.m. The workshop will last 1 ½ hours. Join us for an interactive experience that allows participants to better understand a psychosis diagnosis. This training simulates the symptoms of a psychosis, including hearing voices, and discusses the risk factors, incidence and treatment options.



Gunn Memorial Public Library News

Submitted by: Rhonda Griffin



Caswell County
Gunn Memorial Public Library
161 Main Street East
Yanceyville, NC 27379
(336)694-6241
Fax: (336)694-9846

Newsletter of Programs:

September, October, November & December 2019



Adult Programming

Upcoming Programs TBA

PARTNERING WITH THE STATE CREDIT UNION
FOR A "LUNCH & LEARN",
UNDERSTANDING YOUR CREDIT SCORE IN SEPTEMBER.

September - December:

ADULT MAKERSPACE
VIRTUAL REALITY
SEWING CLASS
3-D PRINTING

Homework Gap Program:

The Gunn Memorial Public Library,
in coordination with the
Adult and Teen Coordinators.
We will be in partnership with the
Middle and High Schools,
participating in the Homework
Gap Program.
This program provides workshops
for parents and students that don't have
access to the internet at home
in order to complete homework assignments
at home. ***Scheduled Workshops TBA***



Children's Programming Ages: 6-12



AFTER LABOR DAY:
STORY TIME:
WEDNESDAY'S @ 10:00AM
BOOK BAGGERS:
TUESDAY'S @
3:30PM

MAKERSPACE MONDAY'S
EVERY MONDAY
NOT INCLUDING
LABOR DAY OR DECEMBER 23, 2019

*NO PROGRAMS FOR CHILDREN:
NOVEMBER 26-27, 2019

CHRISTMAS PARTY:
WEDNESDAY, DECEMBER 18, 2019
TIME: 10:00AM

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Gunn Memorial Public Library News (cont'd)



*Teen Lounge Operating Hours: September-December

Monday, Wednesday, Thursday: Hours: 12:00pm-6:30pm
Friday: 12:00pm-4:30pm
Saturday: 10:00am-12:30pm

***Effective: September 3, 2019- December 31, 2019**
Teen Lounge Closed: Every Tuesday
for Programs Participation*

Virtual Reality & Makerspace Dates: TBA

Registration Required for all programs

LET'S TALK ABOUT IT! BOOK CLUB

A NEW BOOK EACH MONTH.

MEETING EVERY THURSDAY:

TIME: 3:30PM-4:30PM



TUESDAY: SEPTEMBER 10: JEWELRY MAKING -
3:30PM-5:00PM
TUESDAY: SEPTEMBER 17: CPR TRAINING -
3:30PM-5:30PM
TUESDAY: SEPTEMBER 24: HEALTH &
WELLNESS WORKSHOP -
3:30PM-4:30PM
MONDAY: SEPTEMBER 30: GUITAR DEMONSTRATION -
3:30PM-4:30PM



TUESDAY: NOVEMBER 5: FINANCIAL WORKSHOP:
WISE WITH YOUR MONEY -
3:30PM-4:30PM
TUESDAY: NOVEMBER 12: GOOD ETIQUETTE -
3:30PM-4:30PM
TUESDAY: NOVEMBER 19: CHRISTMAS WREATH MAKING -
3:30PM-4:30PM

Teen Advisory Board

Passive teen programs TBA

Book A Librarian

Monday - Friday (9am-4pm)
 Need help with your resume
 or applying for jobs online.

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Reserve a Meeting Room

With state of the art technology available.
 Business Hours: No Charge
 After Hours: A Fee Is Charged



Library Staff:

Rhonda Griffin: Library Director
 Karen Brann: Administrative Assistant
 Doris Hyler: Circulation Supervisor
 Jacqueline Jones: Adult Services Coordinator
 Ajarie Holman: Children's Services Coordinator
 Novena Graves: Teens Services Coordinator
 Rebecca Dellinger: Teens Services Coordinator
 Monika Parker: Head Library Page

Book Sale:

**Sponsored by the Friends
 of the Library**
is in progress now.

Hardbacks: \$1.00
Paperbacks: .50



Meet Maya – the Library's new Page. Maya writes:

"My name is Maya Rone and I am currently a senior at Bartlett Yancey High School. I am working on a college application for 2020, and I aspire to become a nurse practitioner. I enjoy reading, shopping, listening to music and helping others."

Submitted by: Barry Lynch



Anthony Reyes, EMS Supervisor, just completed a 2 week Emergency Management Class at the National Fire Academy in Emmetsburg, Maryland.





Submitted by: Tonya Pegg

Thanksgiving is around the corner! While we are giving thanks for what we have, let's pay it forward to others around you.

IMPACT 52'S

25 DAYS OF GIVING

WAYS TO

>>PAY IT FORWARD>>

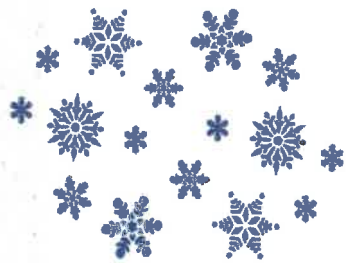
Day 1: Treat a Stranger - Buy someone's drink in line	Day 13: Fill the Red Kettle - Donate to Salvation Army
Day 2: Poetic Gesture - Write a poem for someone	Day 14: Brighten Someone's Day - Give compliments
Day 3: Clothing Donation - Donate unwanted clothes or goods to an organization in need	Day 15: The Unexpected - Purchase giftcards for strangers
Day 4: Parking Meters - Fill a few parking meters with change	Day 16: Donate Change - Donate spare change to charities or organizations
Day 5: Kind Gesture - Find opportunities to show a kind gesture	Day 17: Care Package - Give to the homeless
Day 6: Game Donation - Donate new or gently used games to a children's organization	Day 18: Take Time to Read - Read to kids
Day 7: Food Donation - Donate food to a pantry or drive	Day 19: Donate Blood - Donate blood or platelets
Day 8: Appreciation to Our Servicemen - Give a gift of appreciation to our servicemen	Day 20: Book Donation - Donate gently used books
Day 9: Nursing Home - Make and deliver cards to a nursing home	Day 21: Generous Tip - Leave your waiter(ess) a big tip
Day 10: Relay Your Gratitude - Write a thank-you to at least 5 people	Day 22: Snow Removal - Help someone shovel their sidewalk
Day 11: Help a Furry Friend - Donate to your local animal shelter	Day 23: Neighborly Love - Give a gift to your neighbor
Day 12: Phone Call - Reach out to someone you haven't contacted recently	Day 24: Social Media Shoutout - Give positive shoutouts online
	Day 25: Gift of Love - Give family members a special gift

#YFPayitForward
#25DaysGiving



Submitted by: Tonya Pegg

Once you see how blessed you feel when you bless others, try it again at Christmas!



25 Days of Pay it Forward



DAY 1 SMILE AT A SOMEONE WHO NEEDS IT

DAY 2 OPEN THE DOOR FOR A STRANGER

DAY 3 SPONSOR A GOAT WITH SAMARITAN'S PURSE

DAY 4 GIVE SOMEONE A HANDWRITTEN LETTER

DAY 5 HELP A NEIGHBOR DECORATE

DAY 6 DONATE CLOTHES TO SOMEONE IN NEED

DAY 7 GIVE CANNED GOODS TO YOUR CHURCH

DAY 8 WASH SOMEONE'S DOG FOR FREE

DAY 9 RAKE A NEIGHBOR'S LEAVES

DAY 10 PUT GROCERY CARTS AWAY

DAY 11 BRING SOUP TO SOMEONE WHO IS SICK

DAY 12 LEAVE A GENEROUS TIP

DAY 13 WRITE A THANK YOU LETTER TO THE TROOPS

DAY 14 PUT A CHRISTMAS CARD IN A MAILBOX

DAY 15 WASH SOMEONE'S CAR FOR FREE

DAY 16 BRING YOUR NEIGHBORS COOKIES

DAY 17 LET SOMEONE CUT IN FRONT OF YOU IN LINE

DAY 18 SWEEP YOUR NEIGHBOR'S PORCH

DAY 19 PICK UP TRASH IN YOUR NEIGHBORHOOD

DAY 20 HELP SOMEONE LOAD THEIR GROCERIES

DAY 21 GIVE AWAY A GREAT BOOK

DAY 22 DONATE ANIMAL FOOD TO A LOCAL SHELTER

DAY 23 SING CAROLS FOR THE ELDERLY

DAY 24 TAKE DINNER TO A HOMELESS PERSON

DAY 25 SHARE JESUS WITH SOMEONE



Merry Christmas!

Ten Reasons to Pay It Forward

To pay it forward means that instead of paying someone back for a good deed, you do a good deed for someone else. Maybe you'll surrender your first-place position in a long line at the 7-Eleven when someone behind you is in a hurry. On a rainy day, you might hand an umbrella to someone who needs it. While you're at it, you can get some pet food for a homeless man's dog, or give money to the person in front of you at the grocery store who came up short. The possibilities are endless. Here are ten reasons to pay it forward.

When you pay it forward, you're usually changing someone else's circumstances for the better. Sometimes, you're saving another person's life without even realizing it.

Paying it forward inspires generosity and compassion. All too often, we think too much about our own needs without considering how our behavior affects others. What we say and do matters.

Ultimately, the person paying it forward grows as much as the person receiving the act of kindness.

Paying it forward alters our cultural identity. We affect the climate of our three main realms—home life, the workplace, and sociable places. People who act more altruistically in all phases of their lives make the world more bearable.

Paying it forward introduces you to new people who might enrich your life, both emotionally and financially. People you would have never met under different circumstances sometimes become pivotal players in your life.

By paying it forward, you practice credibility and accountability by considering others' needs. This carries over into everything you do. You feel better about yourself because you're trying to make everyone's lives better, especially your own.

Others trust you more readily and take you into their confidence when they see you paying it forward. They respect you more because they have less reason to doubt you.

Paying it forward erases ego. It's about all of us living together and sharing the moment. This takes a little courage. We have to accept who we are in this vast expanse. There's no point in just standing at the edge of the ocean and sticking your toe in the water. Paying it forward is when you dive in and surf with the dolphins.

Paying it forward is also self-affirming. Granted, pure altruism doesn't exist in the sense that we act on our own behalf even when we do good deeds for others. But so what? We're still performing kindly acts.

You grow creatively by paying it forward on a regular basis. Helping others requires imagination. Moreover, there's no telling what those you help are thinking — they're studying formative, unexpected moments that reconfigure their life narratives.

Paying it forward becomes an essential part of your critical thinking process, and this extends to future generations. If you have children, they'll see this in you and carry the same tradition forward. They'll be more rational, humane creatures.

On a final note, paying it forward alters your neural network. This leads to reflexive behavioral changes. Some people even schedule pay-it-forward moments into their daily routines because kind acts make them feel good. Everyone needs help and attention at times. It's up to us to act when the opportunity presents itself.

- By Eric Stephenson, August 25, 2016 in [Riding the Wave](#), [Ten Reasons](#), [Weekly Features](#)

JCPC – Youth Outreach Enrichment Program

Submitted by: Tonya Pegg

We have a new look! The opportunity arose to amend our program logo and we went for it! You will soon see a starfish representing the Caswell County Youth Outreach/Enrichment Program. The starfish was chosen for a couple of reasons:

They can regenerate. It can take up to a year for a lost limb to grow back but it does grow back. (Similar to our youth regaining the trust of others, repairing their reputation, or rebuilding their positive grades and conduct.)

A Starfish is not a fish. They're actually related to sand dollars and sea urchins. (Comparable to our youth that are not "just bad kids" but are dealing with issues they can't handle or don't understand, and they do not know any other way to express their feelings.)

The main reason a starfish was chosen is because of the Star Fish Story...

The Star Fish Story

'It made a difference for that one'

Once upon a time, there was a wise man who used to go to the ocean to do his writing. He had a habit of walking on the beach before he began his work. One day, as he was walking along the shore, he looked down the beach and saw a human figure moving like a dancer. He smiled to himself at the thought of someone who would dance to the day, and so, he walked faster to catch up.

As he got closer, he noticed that the figure was that of a young man, and that what he was doing was not dancing at all. The young man was reaching down to the shore, picking up small objects, and throwing them into the ocean.

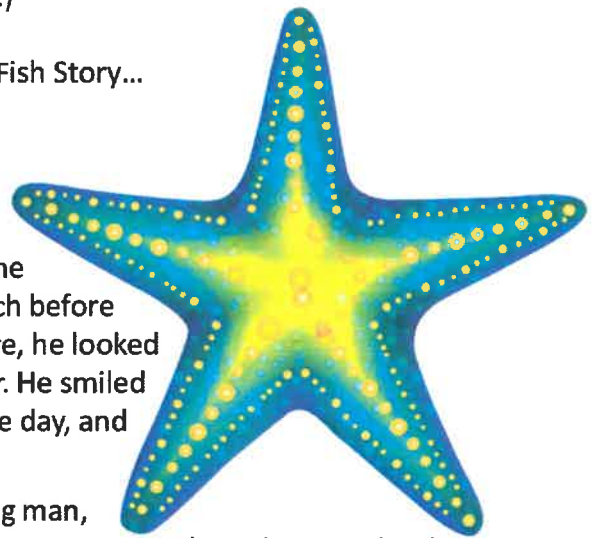
He came closer still and called out 'Good morning! May I ask what it is that you are doing?' The young man paused, looked up, and replied 'Throwing starfish into the ocean.' 'I must ask, then, why are you throwing starfish into the ocean?' asked the somewhat startled wise man.

To this, the young man replied, 'The sun is up and the tide is going out. If I don't throw them in, they'll die.'

Upon hearing this, the wise man commented, 'But, young man, do you not realize that there are miles and miles of beach and there are starfish all along every mile? You can't possibly make a difference!' At this, the young man bent down, picked up yet another starfish, and threw it into the ocean. As it met the water, he said, 'It made a difference for that one.'

-Adapted from The Star Thrower by Loren Eiseley

When I was given the opportunity as a coordinator of this program I foolishly thought I could help solve the problems of the youth that would come into my office. Of course it did not take long before reality hit hard and I realized just how foolish that thought had been. We cannot "fix" each of youth that we come in contact with but we can make a difference in their lives. I encourage you all to take the time to do something; it can be a small thing, which will make a difference to someone else's life.



Cooperative Extension News

Submitted by: Angie Talbott



Travis Hoesli is the new Director for Caswell County Cooperative Extension County Service. He brings with him over 25 years of work in agriculture education, community outreach and community development. He looks forward to expanding and growing the service and programs offered in Caswell County.

Travis graduate from Oklahoma Panhandle State University and began his career teaching high school agriculture in a small rural community in Colorado. Through the next seventeen years he developed and expanded agriculture programs in three different communities and helped educate students in many different disciplines of crop and livestock production. While teaching he earned his

Master Degree from Colorado State University in Agriculture and after serving in several different public school education roles, he changed focus of his education career and started work with Colorado State University Extension Service.

Travis served eight years as the County Extension Director in Grand County in Kremmling Colorado. During his term he helped grow and develop 4-H Programing, Community Gardens Project, Master Garden program and worked on several community development projects. After serving as extension representative on a state team for USDA program "Stronger Economies Together" he took his new facilitation and strategic planning skills and helped to develop a strategic plan for the town of Kremmling and the Kremmling Chamber of Commerce.

Travis, his wife, Trudy, and two daughters are enjoying the move to North Carolina and he is excited to help provide services for the residents in Caswell County as the new Extension Director. He looks forward to meeting many of the residents and discussing the community needs that can be met by the North Carolina Cooperative Extension Service of Caswell County.

(Cooperative Extension continued on page 12)

Cooperative Extension News

Submitted by: Angie Talbott

Hello Everyone,

My name is Clint Carty and I am the new Livestock Extension Agent for Caswell County. I am excited for this new opportunity to work with producers and be an asset for the community. I have a degree in Livestock Science and Management from Delaware Valley College and grew up raising cattle, hay, and grain on the family farm.

My background begins in the dairy industry because our farm was originally a dairy farm but that herd was sold while I was still fairly young. Then, our family transitioned into beef cattle. We raised a commercial herd of mixed breed cattle and a smaller herd of registered Black Angus. Now we raise registered Speckle Park cattle, this breed originates in Canada. We do a lot of embryo work and artificial insemination on our farm because the genetic pool is still limited in the US for the breed. We also still run a small commercial herd of crossbred animals as well.

I also have a good background in forages from our custom planting and harvesting business that we ran along with the farm. I have a diverse background from being a third-generation farmer and my education. I now live on a farm in Pittsylvania County with my wife, daughter, and have a son due in December.

Farm and family are my passions and I look forward to growing those passions in Caswell County. Please feel free to stop in and say hi or give me a call at the Extension office.
336-694-4158

Thank You,
Clint Carty

Inaugural 4-H Gingerbread Structure & Cookie Contest

This is a great time of year to make a Gingerbread!

When: Tuesday, December 3rd at 6:30 pm

Where: Agricultural Building Assembly Room

Cost: FREE, however you must pre-register by contacting the 4-H Office at 336-694-4158!

For all the official rules please [click here!](#)

We can't wait to see your amazing inventions!

Youth must have assembled the gingerbread house/barn/train/etc themselves.



2019 PITTSYLVANIA -CASWELL YOUTH LIVESTOCK SHOW AND SALE



It's time to fill out your **INTENT TO SHOW FORM** for the 72nd Annual Pittsylvania - Caswell Youth Livestock Show and Sale.

Market show and sale will be held Friday, April 24th
breeding show on Saturday, April 25th

WHO CAN SHOW? Youth ages 9 - 18 can show up to two animals of each of the following species:
Swine, Beef Cattle Steer/Heifer, Market Lambs, Meat Goats
Youth ages 6 - 8 may show **ONLY** one of the following: 1 Market Lamb OR 1 Meat Goat.

What is an INTENT TO SHOW FORM? This form is **REQUIRED** for you to show in the 2020 show. However, it is not a registration form. This form gives us a look at how is interested in showing animals. It also gives you a chance to think about your animal decision. So if you are not sure what your child would like to show you can click more than one.

Please use this link to fill out the Intent to Show Form. It will be open October 1st - Wed, October 31st.
<https://forms.gle/r1wqz6iKfp5DcXhz6>



Sunday, November 3, 2019

Happy Birthday!!

EMPLOYEE	DEPARTMENT	BIRTHDATE
		OCTOBER
Rita Simon	Senior Services	1
Corey Ward	EMS	2
Christian Yeaman	911	3
Whitney Vaughn	Sheriff Department	5
Sandra Tate	Health Department	5
Beverly Gwynn	Maintenance	5
Tonya Moye	DSS	5
Elizabeth Strader	EMS	6
Heather Thomas	DSS	7
Kristen Hamlett	Finance	9
Jonna Lunsford	DSS	10
Thomas Bernard	Tax Department	11
Wes Harrington	Sheriff Department	12
Robert Mitchell	CATS	14
Tony Durden	Sheriff	14
Gwen Vaughn	Finance	15
Ajarie Holman	Library	17
Rick McVey	Commissioner	18
Rhonda Griffin	Library	19
Melissa Williamson	CATS	19
Lekisha Anderson	DSS	19
Lisa Anderson	DSS	20
Jonathan Long	EMS	20
Charleste Bigelow	DSS	25
Sharon Rose	Health Department	27
Lisa Briggs	DSS	28
Sylvia Slade	DSS	28
Rena Strader	Tax Department	29
Mazen Asad	Finance	29
Kenneth Underwood	Sheriff Department	29
Grayson Allred	Sheriff Department	30



Happy Birthday !!

EMPLOYEE	DEPARTMENT	BIRTHDATE
		NOVEMBER
Katrina White	Health Department	1
Ray Fearington	Section 8 Housing	3
Kendra Ferrell	Health Department	5
Brenda McCollum	DSS	7
Kelly Cobb	Health Department	11
Christy Marlow	DSS	12
Preston Halstead	Sheriff Department	12
Kenneth Everett	911	13
Darla Atkinson	Family Services	13
Betty Hodges	Health Department	13
Christina McDowell	DSS	15
Julia Vernon	Sheriff Department	16
Chuvola Johnson	DSS	21
Pamela Powell	Health Department	21
Jimmy Taylor	CATS	22
James Eanes	Health Department	25
David Norris	IT	26
Joshua Haley	Sheriff Department	26
Katie Miller	DSS	28

Happy Birthday !!

EMPLOYEE	DEPARTMENT	BIRTHDATE
		DECEMBER
Regina Cardwell	EMS	3
Tonya Wingate	Caswell Soil & Water	4
Amy Harris	DSS	5
Michael Allen	Sheriff	7
Karen Brann	Library	7
Joyce Rainey	CATS	8
Marcie Smith	EMS	8
Brooks Kaplan	EMS	8
Jerry Swann	Detention Center	9
David Owen	Commissioner	11
Ricky Young	Detention Center	11
Laura Wilson	911	13
Andy Stanley	Landfill	14
Cameron Gannaway	Detention Center	14
Marvin Sidney	CATS	14
Jasmine Henderson	DSS	16
Barry Lynch	EMS/Emergency Mgmt.	18
B.J. Powell	Maintenance	19
Jacqlyn Fore	EMS	19
Wade Anderson	Farmer Lake	19
Katlyn Rose	Health Department	21
Tommy Ray	Sheriff Department	24
Bryan Miller	County Manager	29
Eugene Riddick	Sheriff Department	30

County Commissioners' Meetings

Monday, October 7th @ 9:00 a.m. & October 21st @ 6:30 p.m.

Monday, November 4th @ 9:00 a.m. & November 18th @ 6:30 p.m.

Monday, December 2nd @ 9:00 a.m. & December 16th @ 6:30 p.m.

Community Events

Monday, November 11th @ 11:00 a.m. – Veterans Day

Ceremony – Civic Center

Thursday, November 14th @ 10:00 a.m. – 2:00 p.m. – Blood Drive

- Senior Center

Friday, December 6th @ 6:00 p.m. to 8:00 p.m. – Yanceyville Christmas Tree

Lighting Ceremony – Yanceyville Pavilion

Saturday, December 1st @ 10:00 a.m. – Yanceyville Christmas Parade

Employee Appreciation Luncheon

Wednesday, December 4th @ 12:00 – 3:00 p.m. – Civic Center

Upcoming Events



Preserving the Past . . .



Embracing the Future!

Caswell Connection Newsletter Staff

Ashley Kirby, Administration
Calvin Connally, Maintenance
Rhonda Griffin, Library
Jonna Lunsford, DSS
Tonya Pegg, Youth Outreach
Angie Talbott, Cooperative Extension
Paula Seamster, Administration
Mindy Satterfield, Human Resources
Melissa Williamson, CATS
Yvette Williams, DSS

